

A bit about us...

Our choir was formed in 2010.

We meet on Thursday evenings, 6.45 pm to 8.45 pm.

It costs just £2.00 per session.

We sing popular show classics, gospel and contemporary pop.

No previous experience or ability to read music is required, just a desire to sing!

New members are always welcome, so why not come along for a trial session (we'll even give you a cup of tea!)?

Ibstock Community Choir
meets in The Community Room
at

Ibstock Methodist Church
Melbourne Road
Ibstock
Leicestershire
LE67 6JS

For more details:
phone Julie on 07951 140210
or visit our website:
www.ibstockcommunitychoir.co.uk

We are supported by:

The **co-operative**



"The only thing better than singing is more singing."

Ella Fitzgerald

The benefits of singing...

Did you know that singing is good for the body *and* mind?

- It exercises the major muscle groups in the upper body.
- It increases alertness.
- It gives a feeling of well-being and inclusion.
- It increases self-esteem and confidence.
- It can help to improve interpersonal and communication skills.
- It helps to reduce stress and can reduce blood pressure.
- It can help with depression.

Sound good? Here's what our members say:

"Joining the choir has not only given me a new circle of friends, but greatly improved my confidence. I feel that I am better at singing so much that I actually performed a solo at Heather Church Flower Festival in front of about 200 people. I wouldn't have attempted that without Noemi's help!!" (Alison)

"It's a really relaxing evening and I find it very therapeutic." (Joy)

"Something I've wanted to do for a long time." (Mary)

"It's my night and I forget everything else when I come here..." (Judith)

"It's good fun and I enjoy singing with others." (John)

What to expect...

Our choir is open to anyone who wants to sing. It's a great way to find your voice in a relaxed and friendly environment.

We sing as a group so, don't worry, you won't be asked to do any solos!

Throughout the year we do local performances, so you can get involved in these if you want to.

It can sometimes be difficult to walk into a place and not know anyone. So, if you are interested why not give us a call or pop in for a chat on Thursday evenings.